1



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Learning about Learning

- Two hallmarks of a great engineer/computer technology person:
 - An ability to teach themselves new skills
 - The ability to communicate with/lead others (i.e., teach others)
- Today, we explore learning in some depth. Why do we do so?
 - These are skills that almost no one your age has yet learned
 - These two skills can make your career as a student successful no matter what field of study you choose to pursue.



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What is Learning?

- In recent decades, research on learning has yielded important knowledge about the nature of learning and teaching as it takes place in a variety of environments.
- This knowledge includes important principles for structuring learning experiences that enable people to use previous learnings in new settings.



• Principle: "Learning" is <u>adapting your</u> <u>thoughts to match what you observe</u>.



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Considering Each Part of the Definition

- "Learning' is <u>adapting your thoughts</u> to match what you observe." (Emphasis on first part of definition.)
- Does this mean your past affects your learning?
- Absolutely!
 - Learning is affected by cultural norms.
 - If you grew up in rural North Dakota, your background is far different than if you grew up in downtown London.
 - For instance, in London, you would have extensive experience with mass transportation, denselypopulated apartment complexes, and a wide variety of restaurants, things that someone from rural North Dakota might never have seen.
 - Everyone even babies have ideas that affect learning.
 - Everyone will learn in <u>slightly</u> different ways.





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Learning (2)

- Consider the last part of "learning is adapting your thoughts to <u>match what you observe</u>."
- If you don't 'experience' something can you learn from it?
- Not at all!
 - Good teachers know this, so that they have 'tricks' to get students to observe new items.
 - Thus as an engineer or computer scientists (or a student headed in that direction) can use these definitions to both learn now and perhaps teach others in the future.



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The Huge Value of "Experience"

- This idea of "Experiential Learning" is exemplified by the Confucian saying:
 - Tell me and I forget.
 - Show me and I remember.
 - Let me and I understand.
- Let's try an experiment...

("Tell Me" Exercise)



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Test for Our "Guinea Pigs"

• In the circuits to the right, what is the logical output of each?









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So, What Did We Learn?

- Single-path learning stimulation provides very marginal results. (Tell only aural stimulation, no visual complement).
- Reinforcing simple telling with a visual component greatly increases learning.
- Supplementing visual and aural inputs with actual experience (<u>doing it</u>) "locks in" the learning process and provides the key to skill mastery.



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Sensory Reinforcement

- As babies, all of us learned by using all of our senses.
- We touched, tasted, looked at, listened to and smelled everything - including dirt, leaves, the sidewalk, and so forth.
- We OBSERVED using all the sensory paths and experience mechanisms we had.
- In using all these experiential pathways, we learned very rapidly.
- Ever wonder why a baby or small child learns so fast? Easy: It uses all the sensory avenues to reinforce the learning experience!





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A Primary Learning Channel

- Although we use all our sensory pathways to learn, most humans have a primary learning style. The three primary learning styles are:
 - Aural: The primary learning pathway or sensory channel is the auditory pathway.
 - Visual: The primary learning pathway or sensory channel is the visual pathway.
 - Tactile: The primary learning pathway or sensory channel is the touch/feel neural pathways.







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Primary Learning Style

- Let's take a quick test to determine your primary learning style.
- We now understand that using different learning styles (different sensory pathways) can reinforce and improve the learning experience, so this test isn't just for fun.
- If you know your primary learning style, you can intelligently determine which supplementary learning styles you use to <u>reinforce each learning experience</u>.

(Learning Style Test)



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Learning to Supplement

- Hopefully you have gained an inkling of your primary learning mode.
- Now that you know that primary mode, you can supplement the primary sensory pathway with supplementary reinforcement.
- For instance, a visual learner can reinforce by pronouncing names as he/she studies. This aural reinforcement can enhance the learning experience.



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An Illustration of Learning

- A way to illustrate the experience-evaluatelearn process is illustrated by another Chinese saying: "Learning is from thin to thick to thin."
- What does this mean?
 - As you begin to learn something, you know very few details (THIN).
 - Later in the learning process, your experience provides many more details (THICK).
 - As the learning experience runs its course, you begin to see simple patterns or generalizations (THIN).



- This learning experience can be generalized using a model by David Kolb (thanks to Matthew Goeckner for this model):
 - Learning starts when you experience something new (i.e. acquiring "Thin Knowledge").
 - The richer the experience (more information, more neural pathways), <u>the better the learning</u>.









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Learning and "Agents"

- Marvin Minsky was (and is) one of the great researchers in artificial intelligence. He also did important research in child development (i.e., the learning process of the developing brain).
- In his book, "The Society of Mind," Minsky declares that our brain is not simply hundreds of millions of neurons working haphazardly to develop knowledge and skills.
- Instead, neurons "learn" by forming groups that develop and perfect an area of knowledge or skill.
- Minsky called these groups "agents."



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Simple View of Brain in Cross-Section





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"Agents"

- According to Minsky, learning was simply the development of new agents, which accumulated experiences, crossreferenced with current knowledge, and developed a new area of knowledge or skill that was "activated" when it was ready for action.
- Agents can outlive their usefulness and go inactive, be replaced by newer ones, or be periodically updated as knowledge and correlation improved.
- These hundreds of thousands of "agents" make up, according to Minsky, "intelligence."





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Agents and the Process

- Our four-stage process can be seen as a diagram of the way Minsky's "agent creation" works.
- Let's see how we might apply the sequence of actions represented by our process, keeping in mind how it corresponds to what Minsky calls "agent creation."





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Using The Process

- The process diagram is shown again at the right.
- <u>Remember that we can</u> <u>use the idea of the</u> <u>experience loop to</u> <u>improve the ability to</u> <u>learn</u> (improve "agent" building).
- Each step is important in the learning process.





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Using The Process (2)

• When learning something

new:

- Include <u>many senses and</u> <u>sources</u> (to deepen the experience):
 - Read other books for different views.
 - Use sound/vision etc. as available.
- Don't get distracted.
 - Focus!
 - Block out other experiences
- YOU can even overcome a bad teacher!





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Using The Process (3)

- The next step is to process the new information.
- This is where many students fail in the learning process!





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Using The Process (4)

- How to process:
 - Use manageable bits.
- Often this means:
 - **<u>Outline</u>** the information.
 - <u>Rewrite notes</u> to explain the information.
- These notes should be highly readable (<u>even by others</u>).
- This note reprocessing can improve your grades!
- Remember to ask:
 - What, why, when, where and how (not just facts, but reasons, background, supporting information).





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Using The Process (5)

- Once basic questions are answered, check the fit with other knowledge.
 - May need to reprocess (!).
 - Examine implications.
- Typical outcome
 - Less time studying
 - <u>Improved grades</u>





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Using The Process (6)

- Now that the generalization is complete ("agent" constructed), you can apply the knowledge'
- Do homework (a new experience!).
- Remember: Each step is important!





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Using The Process (7)

- Minsky claimed that agents are sometimes <u>updated</u>, <u>sometimes even superseded</u> <u>and replaced</u>.
- This implies that a further action (reprocessing/ regeneralizing) in the brain is ongoing even after the agent is fully activated.
- Thus even after the "apply" function is activated, our learning process, even related to a current skill or ability, continues.





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Summary

- Learning is a <u>sequence of mental steps</u> that can be enhanced by making the processing step more rigorous. That is, you can learn to learn <u>better</u>!
- Think of this sequence as "agent building" a process that programs areas of your brain to develop new skills and deploys them into full activity or use.
- Approaching learning with the correct attitude can reinforce your learning ability and also make learning a good deal more <u>interesting and satisfying</u>.
- We will use this information when we study homework and how to approach it in Lecture #6.